

2019 Trauma Workshops for Physicians, Nurses, Psychologists, Social Workers, Counselors & Other Mental Health Professionals

Presented at The Conference Center at Sheppard Pratt

Friday, September 6, 2019

9:00 a.m. – 12:00 p.m.

PTSD, Suicide, TBI, DSM-5 and Other Trauma Disorders': Complex Clinical Decisions

Robert J. Ursano, M.D

Professor of Psychiatry and Neuroscience Director
Center for the Study of Traumatic Stress
Bethesda, Maryland

Understanding trauma and its association with various outcomes is important to a trauma informed care system. Trauma is part of everyday life and disaster and its effects span the developmental life course. Particular attention to military and disaster populations can inform us in diagnosis and identification of critical issues of risk and protective factors. Most recently, research in military populations has spurred the interest nationally in Suicide, PTSD and TBI. This presentation will address what we have learned in these areas that can inform all care.

After attending this lecture, clinicians will be able to:

- Identify common responses to traumatic events.
- Compare suicides or suicide attempts in the USA to other countries.
- Discuss the commonality of Traumatic Brain Injury (TBI).

Dr. Ursano is Professor of Psychiatry and Neuroscience at the Uniformed Services University School of Medicine and founding Director of the Center for the Study of Traumatic Stress. Dr. Ursano completed twenty years of service in USAF medical corps. He is Editor of Psychiatry, the distinguished journal of interpersonal and biological processes, founded by Harry Stack Sullivan. He is a Distinguished Life Fellow of the American Psychiatric Association. He has received the Department of Defense Humanitarian Service Award, the Lifetime Achievement Award of the International Society for Traumatic Stress Studies, William C. Menninger Memorial Award of the American College of Physicians and APA's Bruno Lima Award in Disaster Psychiatry. He is senior editor of the Textbook of Disaster Psychiatry and was the first Chairman of the APA's Committee on Psychiatric Dimensions of Disaster. His work focuses on the interface of psychiatry and public health in times of disaster and terrorism.

**Early registration recommended,
as space is limited.**

In the event an announced speaker is unable to present, Sheppard Pratt reserves the right to present an alternate speaker on a comparable subject.

Friday, September 27, 2019

9:00 a.m. – 12:00 p.m.

What You Need to Know about the Assessment and Treatment of Dissociative Identity Disorder: Cutting-edge Research and Clinical Implications

Bethany Brand, Ph.D.

Psychology Professor
Towson University,
Towson, Maryland

Patients with dissociative disorders (DD) are challenging to treat due to the severity and chronicity of their symptoms, particularly self-harm and suicidality. The TOP DD studies are a series of prospective international treatment studies that have yielded important insights into treating DD patients. This lecture will provide an overview of the studies' findings, which contradict concerns and myths about treating these patients. The presentation will discuss the TOP DD Network Study, which is the first web-based psychoeducation program for DD patients and their psychotherapists. This program aims to enhance DD patients' ability to regulate emotions, manage symptoms, and stabilize safety, and to teach therapists a conceptualization of DD patients' unsafe behaviors, and basic interventions that can be useful in stabilizing DD patients. Participation in the TOP DD Network program is associated with reduced symptoms, enhanced emotion regulation, and improved safety. This lecture will describe the TOP DD Network program's conceptualization of patients' safety struggles and the approaches that appear to be beneficial.

After attending this lecture, clinicians will be able to:

- List three functions of unsafe behavior in complex trauma patients.
- Describe the approach to stabilization taught in the TOP DD program.
- Discuss the primary findings of the TOP DD Network program.

Bethany Brand, Ph.D. is a Psychology Professor at Towson University and she specializes in the assessment and treatment of trauma-related disorders. With 30 years of clinical and research experience, Dr. Brand has been honored with numerous research, teaching and clinical awards and served on several national task forces that developed guidelines for the assessment and treatment of trauma-related disorders. Dr. Brand is the Principal Investigator on a series of international treatment studies of patients with dissociative disorders as well as studies that are developing methods for distinguishing dissociative disorders from other conditions including malingering. She has served as an expert witness on trauma in forensic cases at the state, federal, and international level.

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APPROVAL STATEMENTS:

Physician Statement: Sheppard Pratt Health System is accredited by The Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. Sheppard Pratt Health System designates this live activity for a maximum of *3.0 AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Statement: Sheppard Pratt Health System System is an approved provider of continuing nursing education by Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. This activity is approved for 3.0 contact hours for nurses.

Psychologist Statement: Sheppard Pratt Health System is authorized by the State Board of Examiners of Psychologists as a sponsor of continuing education. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. Sheppard Pratt Health System designates this educational activity for a maximum of 3.0 CEU hours for Psychologists. Psychologists should claim credit commensurate with the extent of their participation in the activity.

Social Work Statement: Sheppard Pratt Health System is authorized by the Board of Social Work Examiners of Maryland to offer continuing education for Social Workers. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. This activity is approved for 3.0 CEU contact hours in Category 1 credits for Social Workers.

Counselor Statement: Sheppard Pratt Health System has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5098. Programs that do not qualify for NBCC credit are clearly identified. Sheppard Pratt Health System is solely responsible for all aspects of the program. This activity is available for 3.0 NBCC clock hours.

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WORKSHOP REGISTRATION FORM

REGISTRATION FEES

The registration fee is \$50 per workshop, or \$90 for both workshops. Fees are waived for employees of Sheppard Pratt Health System and its affiliate agencies. If you wish to use a credit card to register, you may email, fax or mail your registration form with the credit card and payment information. If you are registering with a payment by check, you may mail it along with the completed registration form, to the address below.

Please email Jennifer Tornabene at Jtornabene@sheppardpratt.org using your work email to register as staff and list the dates you are attending.

I am registering for:

- PTSD, Suicide, TBI... DSM-5 and Other Trauma Disorders': Complex Clinical Decisions**
Dr. Ursano on Friday, September 6, 2019
- What You Need to Know about the Assessment and Treatment of Dissociative Identity Disorder: Cutting-edge Research and Clinical Implications**
Dr. Brand on Friday, September 27, 2019

PAYMENT

Payment can be made by check or credit card. To pay, please fax, email, or mail your registration to the address below. Please make checks payable to Sheppard Pratt Health System and send to:

Professional Education

Jennifer Tornabene

P.O. Box 6815

Towson, MD 21285-6815

Phone: 410.938.4593

Fax: 410.938.4596

Email: jtornabene@sheppardpratt.org

Name: _____

E-mail Address: _____

Work Phone Number: _____ Home/Cell Phone Number: _____

If paying by credit card: Mastercard Visa Discover AmEx

Credit Card Number: _____ Security Code: _____ Exp. Date: _____

Billing Address: _____

WITHDRAWAL DEADLINES & REFUND POLICY

Friday, August 25, 2019 is the deadline to request a refund for withdrawal from the September 6th event. Friday, September 13th, 2019 is the deadline to request a refund for withdrawal from the September 27th event. Refunds are subject to a \$25 administrative charge per withdrawal from each registered activity.

No refunds or credits will be issued for requests for withdrawal after the listed deadlines.

QUESTIONS:

Contact jtornabene@sheppardpratt.org or 410-938-4593

